Thursday 11ᵗʰ June

Remember during lockdown it's important to keep active whenever you can.

This month, lets try something a little bit different!

Each day you will be set a challenge. That challenge has three difficulty levels (bronze, silver and gold).

Choose the difficulty level you want to aim towards and try your best to achieve it!

Good luck! ☺

Active June!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Do some **sit ups**: Bronze: 10 sit ups Silver: 20 sit ups Gold: 40 sit ups	2 Do some **star jumps**: Bronze: 20 times Silver: 30 times Gold: 50 times	3 Practise **balancing** on **right** leg: Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	4 Practise **balancing** on **left** leg: Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	5 Have a **jog** around: Bronze: 5 minutes Silver: 10 minutes Gold: 15 minutes	6 Create your **own throwing and catching game!**	7 **Teach** the people at home **your game** and see who scores the most points!
8 Do some **burpees**: Bronze: 10 burpees Silver: 15 burpees Gold: 20+ burpees	9 Try and do some **mountain climbers**: Bronze: 10 times Silver: 20 times Gold: 30+ times	10 Carefully try and do a **plank**: Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds	11 See how many **tuck jumps** you can do in a row: Bronze: 10 jumps Silver: 20 jumps Gold: 30 jumps	12 **Push ups!** Bronze: 10 push ups Silver: 15 push ups Gold: 20+ push ups	13 Use a pack of cards and **create a game involving different exercises** and the different suits!	14 **Compete against someone at home** to see who can complete more exercises in a given time.
15 Try and do some **crunches**: Bronze: 10 crunches Silver: 20 crunches Gold: 30 crunches	16 Do some **lunges** on both legs: Bronze: 10 each leg Silver: 20 each leg Gold: 30 each leg	17 Do a **wall sit** – remember, stay still: Bronze: 20 seconds Silver: 30 seconds Gold: 60 seconds	18 **Squat** – count how many squats you can safely do in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	19 **High knees** – Keep going without stopping Bronze: 30 seconds Silver: 50 seconds Gold: 1+ minute	15 Challenge yourself to **learning some new yoga posts** – watch a Youtube video to help.	16 Practise those yoga skills your learned and **see if you can balance for longer** than you did yesterday.
22 Try doing some **scissor kicks**: Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds	23 Do some **shuttle runs**: Bronze: 15 runs Silver: 30 runs Gold: 50 runs	24 **Hop** on the spot: Bronze: 10 each leg Silver: 25 each leg Gold: 50 each leg	25 **Hopscotch** until you need to stop Bronze: 30 seconds Silver: 45 seconds Gold: 2 minutes	26 Try safely to do some **jump squats** in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	27 Go outside and be active with someone from your house. **Go for a run or a walk!**	28 Use your outdoor time to **jump** over things, **balance** along things and **move** in different ways.
29 Try **hurdling** over something (or just jumping!): Bronze: 1 minute Silver: 3 minutes Gold: 5 minutes	30 **Step jumps** – find a step and jump up and down on it safely: Bronze: 10 times Silver: 20 times Gold 40+ times					

**Let's get active in June!
Try each of these activities with the people you're with!
Challenge yourself to get as many bronze/silver/golds as you can! Keep track and celebrate your achievements!
Remember it is important to stay active and healthy!**

2

English- Lesson 4

Story time!

Reopen https://ww.youtube.com/watch?v=jNOYgRf5jes.

* Listen to the remainder of Dogger.

* What do you think of the little girl who buys Dogger?

*What do you think of Bella at the end of the story? Why?

Planning to write a new story

- Follow the instructions on 'Planning and writing a new story' about a lost toy on the next slide.

- You can use this Planner to capture ideas for your own story about a child and a lost toy or you may want to use a story mountain like we have used in school.

- Use your best handwriting.

- Use lots of good describing words in your writing.
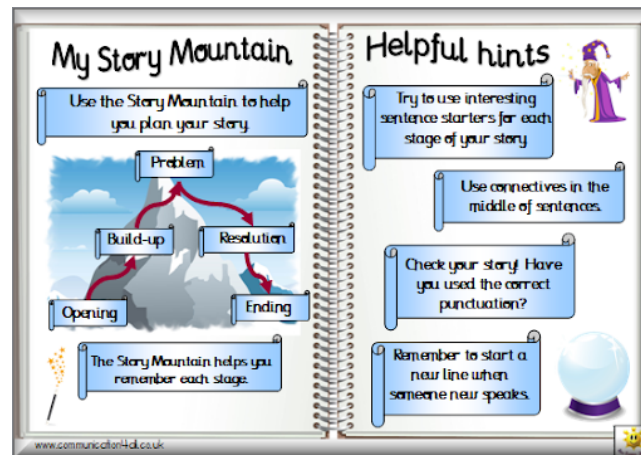
Planning and writing a new story about a lost toy

What to do:

Planning

- Think about the story of Dogger. You can look at the Dogger Story Map on the next slide to help you if you are a little bit stuck.

- Think of a child to be in your new story and decide what favourite toy they have. Fill in their names at the top of your Planner sheet. (See the template on the following slides for ideas)

- Think of one or two ordinary, everyday things the child could be doing with their toy before it gets lost. Write these ideas in the first column of your Planner.

- Think about how the toy gets lost and of one or two places where the child then sadly looks for it.

- Write these in the second column of the Planner.

- Think up how the toy gets found. Write this in the last column of the Planner, along with how the child and their toy celebrate being back together again!

Dogger Story Map

Dave and Dogger are having a very normal day doing all the usual kind of things they do.

But then Dave loses Dogger, and he and his family look everywhere for the lost toy.

Just when it looks like he will never see his favourite toy again, Dave gets Dogger back!

Planner template- use this to help with your ideas for your story

Child: _____ **Favourite toy:** _____

1. The ordinary things the child is doing before their toy gets lost:	2. How their toy gets lost and where they search for it:	3. How their toy gets found and what they do to celebrate:

Spend some time learning your spellings.

You could:

o Write the word out 5 times.

o Get a grown up/older sibling to test you verbally.

o Write each word in fancy letters and colour them in like rainbow words.

o Write out each spelling into a sentence.

Today's words are: (-cle)
*uncle
*cycle
*circle
*article

Daily TT Rock Stars

- Complete another page in your TT Rock Stars booklet.

- Why not try Hit the Button? Challenge your understanding of times tables and more with Hit the Button at: https://www.topmarks.co.uk/maths-games/hit-the-button

- If you cannot access the link, simply Google, 'Hit the Button' and select the first link.

Mental Maths (10-4-10) Questions

1. ___ + 51 = 66
2. 23 – ___ = 8
3. 15 ÷ 5 =
4. 30 ÷ 3 =
5. 100 - ___ = 71
6. 55p + 45p =
7. 61 - 15 =
8. ½ of 60 =
9. $\frac{1}{3}$ of 15 =
10. 10 x ___ = 110

Extension!

1. I'm thinking of a number. I add 30 to it. The answer is 46. What was my number?

2. Write out the number 16 using words.

3. What is the value of the 9 in the number 109?

4. How many minutes are there in two hours?

5. If I had 24 sweets and I share them between 2 people, how many sweets do they have each?

Mental Maths (10-4-10) Answers

1. **15** + 51 = 66
2. 23 − **15** = 8
3. 15 ÷ 5 = **3**
4. 30 ÷ 3 = **10**
5. 100 - **29** = 71
6. 55p + 45p = **100p or £1.00**
7. 61 - 15 = **46**
8. ½ of 60 = **30**
9. $\frac{1}{3}$ of 15 = **5**
10. 10 x **11** = 110

Extension!

1. I'm thinking of a number. I add 30 to it. The answer is 46. What was my number? **16**

2. Write out the number 16 using words. **= Sixteen**

3. What is the value of the 9 in the number 109? **9 or 9 ones**

4. How many minutes are there in two hours? **= 120**

5. If I had 24 sweets and I share them between 2 people, how many sweets do they have each? **= 12**

Maths Home Learning – White Rose

https://whiterosemaths.com/homelearning/year-2/

Use the link above to help your child learn about finding a quarter (Summer Term – Week 7 - lesson 4)

- First watch the video clip (if available) and then complete the activities when asked to do so.

- White Rose have changed how they release their home learning resources. It is now only available to those with a subscription. But do not worry! Here for Year 2 we have subscribed for the benefit of you! ☺

Home Learning – Year 2

Maths focus – Finding a quarter

$$\frac{1}{4}$$
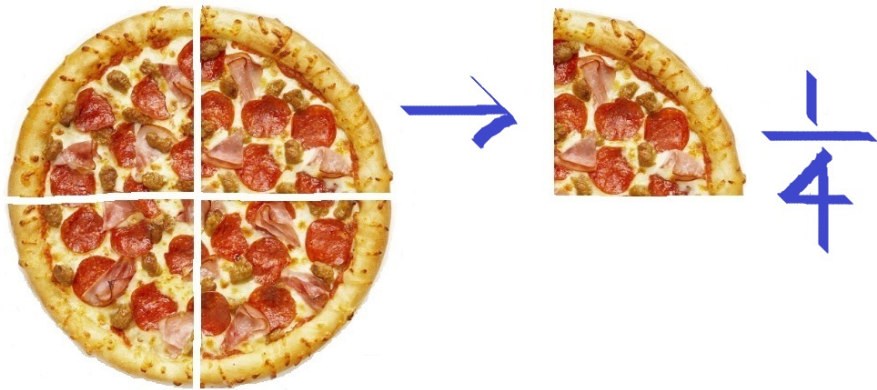
Yesterday we revisited the skill of finding a half. Today we look to revisit finding a quarter.

Just like finding a half, to find a quarter we must also make sure we have equal groups. This time, instead of 2 equal groups, we are looking to make 4 equal groups.

We are now dividing by 4 as adding four quarters together would equal one whole.

Today's questions (part 1)

Please refer to the online video or the support on the previous slides if needed ☺

White Rose Maths

1 Here are 8 counters.

a) Share the counters equally into 4 groups.
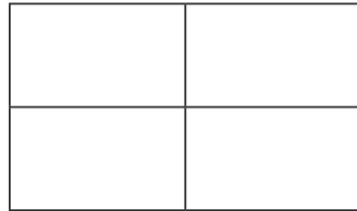
b) Complete the sentences.

[ ] counters are shared equally

between [ ] groups.

There are [ ] counters in each group.

c) What is $\frac{1}{4}$ of 8? [ ]

How did you work this out?

2 There are 12 pencils.
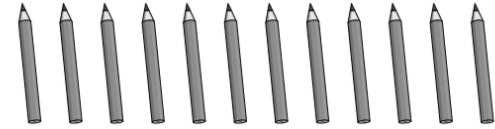
a) Share them equally between 4 pencil pots.
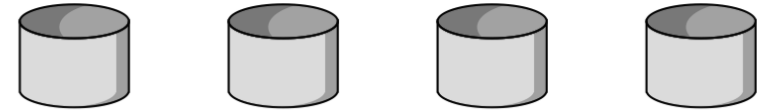
b) What is $\frac{1}{4}$ of 12? [ ]

3 Tom and Dora are walking along a path.
By midday Dora has walked halfway.
Tom has walked a quarter of the way.

a) Draw an arrow to show where Dora is.
b) Draw an arrow to show where Tom is.

4 Use the bar models to help you work out a quarter.
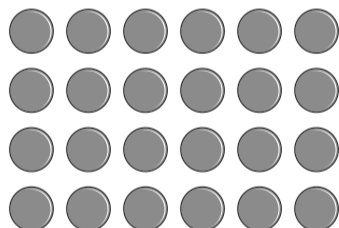
a) Work out $\frac{1}{4}$ of 20

20

$\frac{1}{4}$ of 20 = ☐

b) Work out $\frac{1}{4}$ of 16
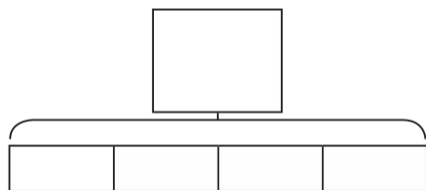
$\frac{1}{4}$ of 16 = ☐
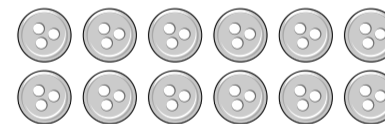
5 Show that $\frac{1}{4}$ of 24 is 6

6 I can find a quarter by halving a number and halving again.
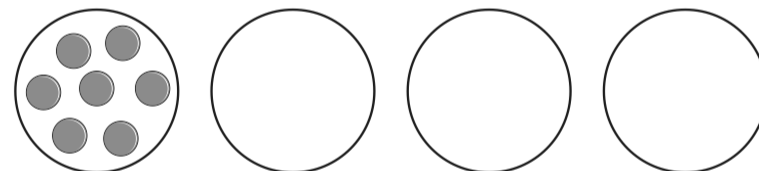
Use this method to find $\frac{1}{4}$ of 12

$\frac{1}{4}$ of 12 = ☐

7 Complete the table.

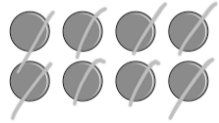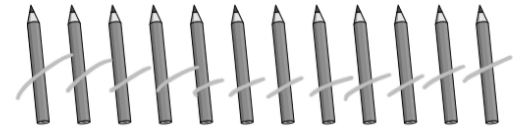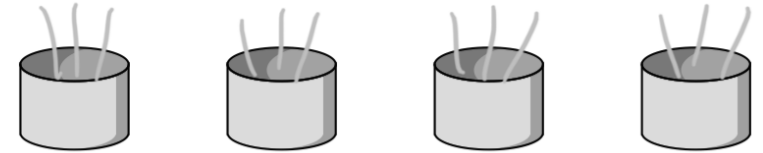| Number	$\frac{1}{2}$ of Number	$\frac{1}{4}$ of Number
8		
20		
24		

8 $\frac{1}{4}$ of a number is 7

What is the number?

The number is ☐

Today's Answers (part 1) ☺

Find a quarter

1 Here are 8 counters.

a) Share the counters equally into 4 groups.

b) Complete the sentences.

$\boxed{8}$ counters are shared equally

between $\boxed{4}$ groups.

There are $\boxed{2}$ counters in each group.

c) What is $\frac{1}{4}$ of 8? $\boxed{2}$

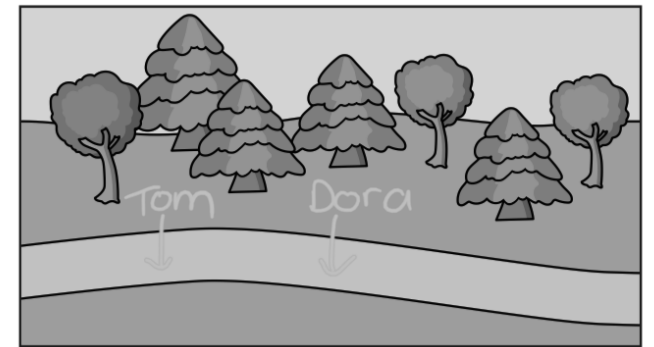How did you work this out?

2 There are 12 pencils.

a) Share them equally between 4 pencil pots.

b) What is $\frac{1}{4}$ of 12? $\boxed{3}$

3 Tom and Dora are walking along a path.
By midday Dora has walked halfway.
Tom has walked a quarter of the way.

Tom   Dora

a) Draw an arrow to show where Dora is.
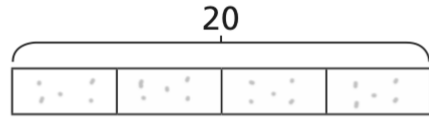b) Draw an arrow to show where Tom is.

Today's Answers (part 2) ☺

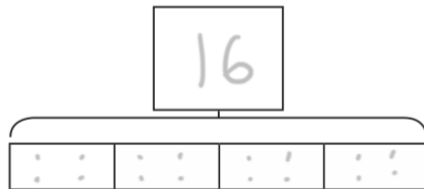**4** Use the bar models to help you work out a quarter.

a) Work out $\frac{1}{4}$ of 20

20

$\frac{1}{4}$ of 20 = 5
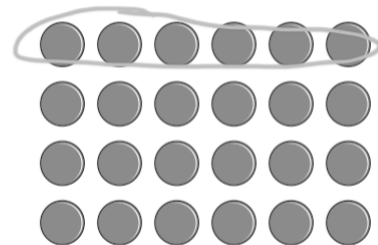
b) Work out $\frac{1}{4}$ of 16

16

$\frac{1}{4}$ of 16 = 4

5 Show that $\frac{1}{4}$ of 24 is 6

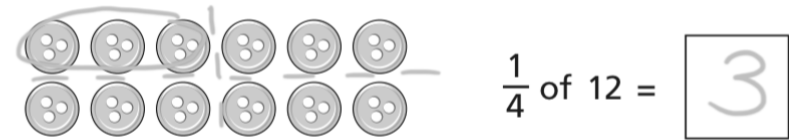**6** I can find a quarter by halving a number and halving again.

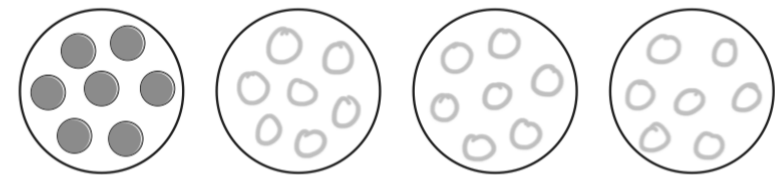Use this method to find $\frac{1}{4}$ of 12

$\frac{1}{4}$ of 12 = 3

7 Complete the table.

Number	$\frac{1}{2}$ of Number	$\frac{1}{4}$ of Number
8	4	2
20	10	5
24	12	6

8 $\frac{1}{4}$ of a number is 7

What is the number?

The number is 28
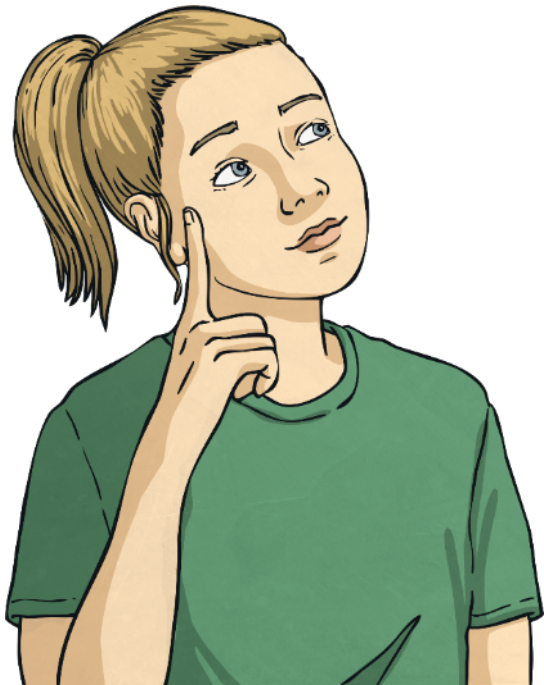
PSHE: Positive mindset

Home Learning: Looking yourself

Positive Mindset

Part of coping with times of change or stress is ensuring that the way you see the situation is through a positive mindset.

This means looking for opportunities in every situation, no matter how challenging or difficult they are.

This approach can help you to:

- see life in a different way;
- think about the priorities in your life;
- value people over 'things';
- remember what is important in your life;
- know how important your health and wellbeing are; and
- know how important it is to love others and be loved.

Positive Mindset
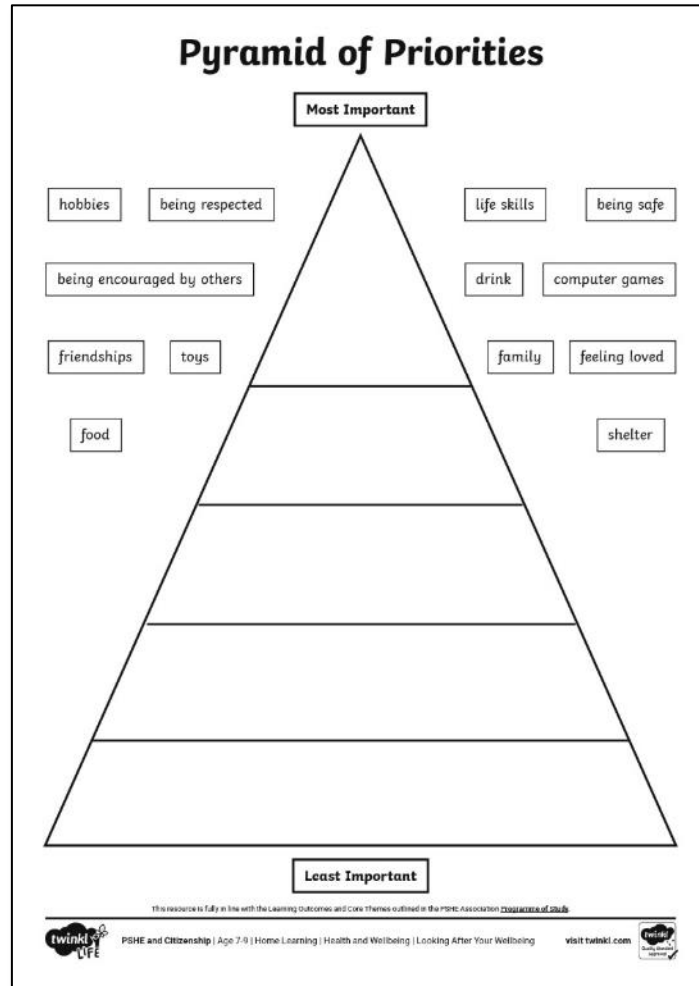
Look at the pyramid (printable on the next slide). Think about where you would put each of the different things in your own pyramid.

Discuss this with someone else in your house and see if there are areas where you feel the same and areas where you differ.

https://www.twinkl.co.uk/resources/twinkl-life

Positive Mindset

Pyramid of Priorities

Most Important

Least Important

being safe

computer games

feeling loved

shelter

life skills

drink

family

being respected

being encouraged by others

toys

hobbies

friendships

food